

20 mm

22 mm - format etykiety ze spadem
w tym polu umieść tło pracy

20 mm - format etykiety po dołączeniu

17 mm - bezpieczny margines
nie umieszczaj poza nim
ważnych elementów projektu
np. tekstu, logo, itp.
by nie zostały odcięte

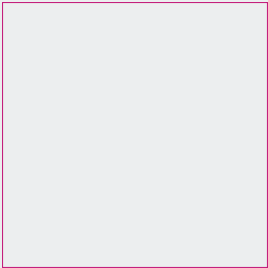


35 mm

37 mm - **format etykiety ze spadem**
w tym polu umieść tło pracy

35 mm - **format etykiety po docięciu**

31 mm - **bezpieczny margines**
nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte



50 mm

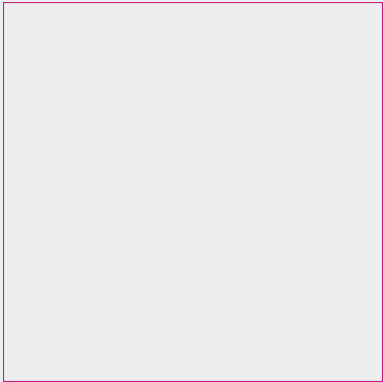
52 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

50 mm - **format etykiety po docięciu**

46 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte



60 mm

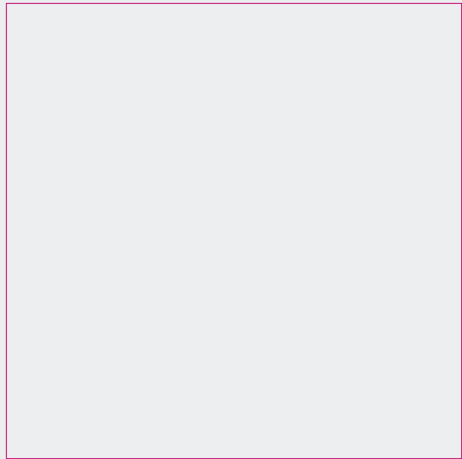
63 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

60 mm - **format etykiety po docięciu**

55 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte



70 mm

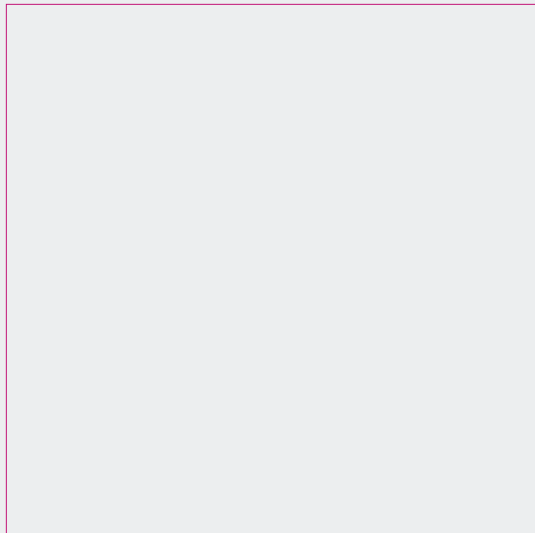
73 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

70 mm - **format etykiety po docięciu**

65 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte



80 mm

83 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

80 mm - **format etykiety po docięciu**

74 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte

the 1990s, the number of people with a mental health problem has increased in the UK. The prevalence of mental health problems in the UK is estimated to be 16.5% (Mental Health Foundation, 2007).

There is a growing awareness of the need to improve the lives of people with mental health problems. The UK Government has set out a strategy for mental health care (Department of Health, 2005).

The strategy aims to improve the lives of people with mental health problems by providing them with the best possible care and support. It also aims to reduce the stigma and discrimination that people with mental health problems often experience.

One of the key elements of the strategy is to improve the quality of care and support that people with mental health problems receive. This includes ensuring that they have access to the best possible services and that they are treated with respect and dignity.

Another key element of the strategy is to reduce the stigma and discrimination that people with mental health problems often experience. This includes raising awareness of mental health problems and promoting understanding and acceptance of people with mental health problems.

The strategy also aims to improve the lives of people with mental health problems by providing them with the best possible care and support. This includes ensuring that they have access to the best possible services and that they are treated with respect and dignity.

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90 mm

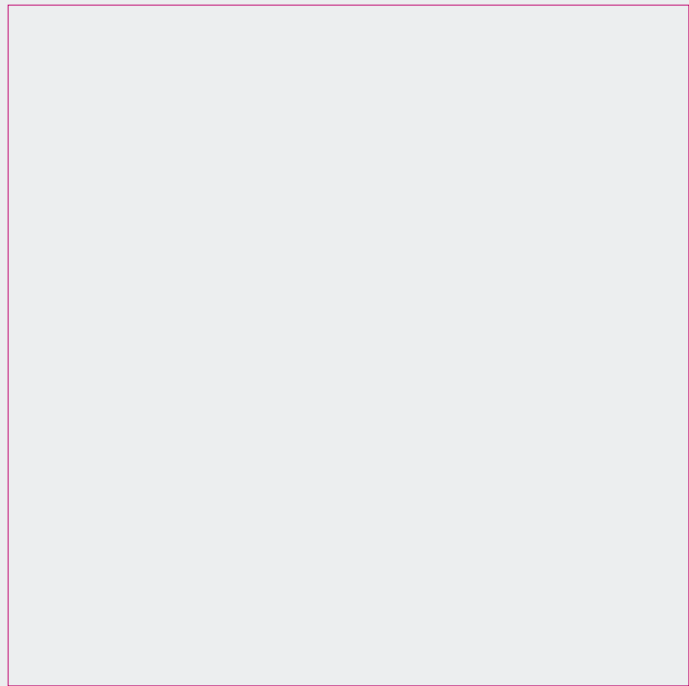
94 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

90 mm - **format etykiety po docięciu**

84 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte



100 mm

104 mm - **format etykiety ze spadem**

w tym polu umieść tło pracy

100 mm - **format etykiety po docięciu**

93 mm - **bezpieczny margines**

nie umieszczaj poza nim
ważnych elementów projektu
np. tekstów, logotypu,
by nie zostały obcięte

